

# Oh, What A Life

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Circle of Life  
Just One Mosquito  
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The Food Chain Song  
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Follow Your Heart



## Circle of Life

By Walkin' Jim Stoltz

G C G D  
1) A song is like a thread woven into string, Twisted and tied to everything.  
G C G D G  
Time has shown, nothing stands alone, All Nature in it sings.

2) The clouds build up and the rain falls down,  
Feeds the rivers, ocean bound.  
Each wayward stream flows forth a dream, an endless dancing sound.

C D C D  
Chorus: It's a circle of life we're a-livin'. It's a circle every which way.  
G C G D G  
There's a lesson there for the givin', So go on and give it away

3) It's a wonderful world in which we dwell,

Treat her right and she keeps you well.  
Don't step astray of nature's way,  
In the long run she can tell.  
(Repeat Chorus)

4) It's a planet of blue with islands of green,  
Let's cherish this Life and all it means.  
Each death and birth brings to this Earth  
A whole Circle comin' clean.  
(Repeat Chorus)

5) The wind takes a seed and away she blows  
Where she stops no one knows.  
Until she's bound to a little piece of ground  
And the life within her grows.  
(Repeat Chorus)



## Love You Like The Falling Rain

By Walkin' Jim Stoltz

G C Am  
1) It seems like a month since I've been gone  
C D G  
Walkin' my own lone, wayward way,  
G C Am  
Though each mile brings me closer back to you, my love,  
C D G  
Sometimes these feet seem made of clay.

C D  
Chorus: 'Cause I love you like these mountains,  
G Em  
Always standing in my dreams  
C D G  
Each sunrise is calling out your name,  
C D G Em

And I love you like the river stretchin' toward the open plain  
 C D G Em C D G  
 I love you like the fallin' rain, Love you like the fallin' rain.

2) Though the trail be overgrown, and rough and rocky,  
 And I'm pelted by the snow and freezin' rain,  
 There ain't nothing that's going to stop me,  
 From makin' my way home to you again.  
 (Repeat Chorus)

Bridge: Our love was born on the mountain  
 C Am D  
 Tested in the dry desert wind,  
 C D G Em  
 Tempered by that cold Montana winters  
 C Am D  
 Sealed with the spring come 'round again.  
 (Repeat Chorus)



## Once In A While, You'll Find A Friend

by Walkin' Jim Stoltz

1. December days, bring the winter snows,  
 G C  
 There's ice on the river, but the water still flows.  
 G D  
 There's a hawk a-screamin', from her skylit throne  
 C G  
 With that mountain wind, come to carry you home.  
 D G

Chorus: Once in a while, you'll find a friend  
 G C G  
 Where the memories meet at the rainbow's end,  
 D G  
 Though life goes on, I'm glad for the thought  
 C G





G D C G  
 1) There's an old owl flyin' free, he's callin' out to me.  
 G C G D  
 What can I tell him as the big trees fall?  
 G D C  
 As he slips on through the cracks, I can't turn my back,  
 G D C D  
 For his kind is our kind, and the writing's on the wall.

Chorus:

C D G Em  
 If we could see this world through the eyes of those  
 C D  
 Who keep sharing when there's nothing left to give  
 C D G Em  
 If we could walk this land with respect for all  
 C D G  
 Oh, what a life we could live.

2) There's a salmon swimmin' deep, her destiny to keep,  
 How can you tell her, she's the last of her kind,  
 A thousand times around from the sea to the spawning ground,  
 What a cost, what a loss, To all memory and all Time.  
 (Repeat Chorus)

Bridge:

C D G  
 She wolf howling in the night,  
 C D G  
 She knows there's a lesson comin' soon.  
 C D G Em  
 Just how big is the heart of human kind,  
 C Am D  
 Won't you stand back and give her room?  
 (Final Chorus)



## The Food Chain Song

By Walkin' Jim Stoltz

- G  
1. Oh, the little butterfly, she is so neat,  
G7  
With her fancy wings, and her dainty feet,  
C  
Oh she flutters here and there, just like a queen,  
G D  
And if you saw her there, you'd know what I mean.  
C  
No one can replace her, no, no, none,  
G D  
She's a most special creature flyin' under the sun.

C  
Chorus: But then you think about the food chain,  
D  
And along comes a hungry crow,  
C D  
And chomp, chomp, chomp, Gobble, gobble, gobble,  
C D G  
Gulp, gulp, gulp, She's gone!

2. Oh, the little fawn, she is so cute,  
With her bambi eyes and her spotted suit,  
She prances through the meadow without a care,  
Chasin' butterflies all through the air.  
No one can replace her, no, no, none,  
She's the most special creature prancin' under the sun.  
Chorus: But then you think about the food chain,  
And along comes a hungry coyote,  
And chomp, chomp, etc. etc.....
3. Yes, he's a hiker man you can tell by his tan,  
He's carryin' everything that his back can stand,

He's a walkin' page out of LL Bean,  
 And if you saw him in the woods, you'd know what I mean.  
 No one can replace him, no, no, none,  
 He's a most special man because he carries a gun.  
 Chorus: But then you think about the food chain,  
 And along comes a hungry grizz,  
 And chomp, chomp, etc. etc....

Bridge:       C  
 Fat or skinny, short or tall,  
                   G  
 You don't have to worry at all,  
                   A7  
 You don't have to be, dressed in style,  
                   D               D7  
 To get a taste, or be tasted by, the wild.

Chorus:       Just think about the food chain,  
 And along comes something bigger,  
 And chomp, chomp, etc. etc.



## The Appalachian Trail

By Walkin' Jim Stoltz

1)           G                       Bm    C                       G  
 Down at Springer Mountain I learned a thing or two,  
 G                       Em    C                       D  
 Just a greenhorn city boy, starting out brand new,  
                   C                       Bm                       G                       Em  
 I'd been feeling disconnected, kind of lost along the way,  
                   G                       Bm                       C                       D  
 But the first step that I took, found me coming home that day.

C Bm G Em  
 Chorus: The Appalachian Trail was where it all began,  
 C Am C D  
 That's where this boy first learned, to call himself a man,  
 C Bm G Em  
 It was the wind that taught me how to spread my wings,  
 C Am D G  
 It was the path, that led me on to other things.

2) It's funny how just spirit will see you through hard times,  
 The blisters pain and freezin' rain, and frozen boots were mine,  
 I look back now and think of how I could have thrown it in,  
 But the one who stands before you now, just never would have been.

Repeat Chorus

3) I still spend my days out walkin' with the wind,  
 Now there's silver in my beard, my hair is gettin' thin,  
 They say life is a circle and we'll all come 'round again,  
 If that's so, I'm looking for my Appalachian friends.

Repeat Chorus



## Wind Take Your Heart

By Walkin' Jim Stoltz

D C G D  
 1) They call me the walkin' man, 'cause I get out when I can,  
 D C D  
 Out where ol' Ma Nature's singin' free,  
 D C  
 From the peaks to the desert sand,  
 G D D C G D  
 I'll wander cross this land, If it's wild, it's all the same to me.

Chorus:           D                   C           D  
                   Listen to that mountain lion screaming,  
           D                   C                   D  
           Listen for that river's solemn song,  
           D                   C                   D  
           Settle down in touch with the season,  
                   D                           A                   D  
                   Let the wind take your heart, and come along.

2) Well, I get up with the sun and before my day is done,  
 I've walked a path that's all of my own.  
 Just like a wolverine, I'm long and I'm lean,  
 My heart beats with the wild wind's moan.  
 (Repeat Chorus)

3) I'm not afraid to say I know I walk a different way,  
 I guess you'd call me Mother Nature's child,  
 Got to see it while you can,  
 Change is sweepin' o'er this land,  
 They're buryin' everything that is wild.

Bridge:   D                   C           G           D  
           Somewhere along the line, oh we have to take the time,  
                   D                   C                   D  
           To touch something alive and true.  
                                   C                   G                   D  
 Feel the Earth beneath your feet, the planet's heart beat,  
                   C                           A  
 There's a river flowin' deep inside of you.  
 (Final Chorus)



## Big Fat Man On An ATV

By Walkin' Jim Stoltz

          Am                   G           F           E  
 1) I'm a man of the mountains and it ain't no jive

Am G F E  
I was walkin' in the woods, before I was five  
Am G F E  
I'm a man of the mountains and I like it wild  
Am G F E Am  
But them noisy machines just kind of rile this child

- 2) Now just the other day I was up in the hills  
Singing to the coyotes and the whippoorwills  
When off in the distance I could hear a roar,  
My heart starts screaming what the hells this for,

Am G F E  
Chorus: Cause all the critters were runnin', in panic they flee  
Am G F E  
That bat out of hell comin' through the trees,  
Am G F E Am G F E Am  
Me, oh my, what could it be. It was a big fat man on an ATV!

- 3) I've been around and I've seen some sights  
But the one comin' at me filled my head with fright  
Chartreuse trousers and pink golf shoes,  
And revving' his engine like them bikers do  
(Repeat Chorus)

- 4) From his mouth there hung a cigar,  
His belly was a-hangin' on his handlebars  
Each bump he hit it was quite a show,  
Cause he'd shake and he'd shimmy like a bowl of jello!  
(Final Chorus)



## Follow Your Heart

By Walkin' Jim Stoltz

- G C D  
1) In this life that we're a-living with all its twists and turns,  
C Am C D

It's so easy to lose our way, forget the lessons we have learned,  
But the road that leads us on will always bring us back,  
Once you've walked your own trail, and stepped in your own tracks.

2) Truth is a word, but it's so often hard to find,  
Searchin' through the mirrors offered up by time,  
To face it on your own, and to look it in the eye,  
Will take all you have to give, but ain't it worth the try.

Chorus: Follow your heart, that's where to begin  
Chase down those dreams and go a-dancin' with the wind.  
Listen to the love that you find along the way,  
Let your light shine in, and sing your life away.

3) Listen to the song of the Earth as she turns,  
Bask in the life of the sun as she burns,  
Seek out the power in your own minds eye,  
Listen to your heart, it'll teach you by and by.  
(Repeat Chorus)